



# Adverse events and preventive measures related to COVID-19 vaccines

Tae Kyu Ahn, Soo Kang, Jin Hui Paik, Young Ho Seo

Department of Emergency Medicine, Inha University School of Medicine, Incheon, Korea

The coronavirus disease 2019 (COVID-19) vaccines are categorized according to the manufacturing technique, including mRNA vaccines and adenovirus vector vaccines. According to previous studies, the reported efficacy of the COVID-19 vaccine is excellent regardless of the type of vaccine, and the majority of studies have shown similar results for safety. Most of the adverse reactions after vaccination were mild or moderate grade, and severe reactions were reported in a very small proportion. However, the adverse reactions that might occur after nationwide vaccinations can contribute to crowding of emergency departments, and this can further lead to significant obstacles to providing necessary treatment for life-threatening conditions. Therefore, as emergency physicians, we would like to present some concerns and suggestions to prevent these predictable problems.

**Keywords** COVID-19; Vaccination; Adverse effects; Emergency service, hospital

Received: 14 April 2021

Revised: 08 June 2021

Accepted: 11 June 2021

**Correspondence to:** Jin Hui Paik  
Department of Emergency Medicine,  
Inha University School of Medicine,  
100 Inha-ro, Nam-gu, Incheon 22212,  
Korea

E-mail: riven2ne@inha.ac.kr

ORCID

https://orcid.org/0000-0002-9718-8913

## INTRODUCTION

The first case of coronavirus disease (COVID-19) was reported in late December 2019 in Wuhan, China.<sup>1</sup> This infectious disease started to spread rapidly across China and then to many countries. The World Health Organization declared COVID-19 as a pandemic in March 2020. Because of the devastating effect of this disease, the development of a vaccine against severe acute respiratory syndrome coronavirus (SARS-CoV)-2, which is the causative virus of COVID-19, has progressed rapidly and extensively.<sup>2,3</sup>

SARS-CoV-2 has a spike protein that induces a host response by binding to the angiotensin converting enzyme 2 receptor, the same receptor used by the SARS-CoV.<sup>4</sup> Vaccines have been de-



How to cite this article:

Ahn TK, Kang S, Paik JH, Seo YH. Adverse reactions due to coronavirus vaccine and preventive measures recommended by emergency physicians. Clin Exp Emerg Med 2021;8(3):153-159. https://doi.org/10.15441/ceem.21.067

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### Capsule Summary

#### What is already known

*The COVID-19 vaccines are categorized into several types. Some previous studies have reported on the safety of the COVID-19 vaccine. Most of the adverse reactions after vaccination were mild or moderate grade, and severe grade was rare.*

#### What is new in the current study

*After nationwide vaccinations, the adverse reactions may lead to crowding of emergency departments. As emergency physicians, we would like to present some concerns and some suggestions to prevent this from happening.*

veloped, with the spike protein as the main target, and several vaccines have been administered in various countries.

Currently, several studies on the efficacy and safety of COVID-19 vaccines have been reported. We would like to review the safety of the COVID-19 vaccines reported in those studies and make some suggestions for emergency physicians to help prepare for patients presenting with adverse vaccine reactions.

## TYPES OF COVID-19 VACCINES

COVID-19 vaccines are categorized according to the manufacturing technique: mRNA vaccines, adenovirus vector vaccines, and inactivated virus vaccines.<sup>5</sup> mRNA vaccines, which are developed by Pfizer-BioNTech, New York, NY, USA (BNT162b2) and Moderna, Cambridge, MA, USA (mRNA-1273), are lipid nanoparticle-encapsulated, nucleoside-modified RNA-based vaccines that encode the receptor-binding domain of the SARS-CoV-2 spike protein.<sup>6-9</sup> This lipid nanoparticle carrier system prevents the rapid enzymatic degradation of mRNA and facilitates *in vivo* delivery.<sup>6</sup> Because lipid nanoparticles are sensitive to temperature, this type of vaccine should be transported and stored under extremely low temperatures.<sup>7</sup>

ChAdOx1 nCoV-19, which is developed by AstraZeneca, London, UK, is a replication-defective chimpanzee adenovirus vector vaccine. This vaccine contains the SARS-CoV-2 structural surface glycoprotein antigen (spike protein) gene.<sup>10,11</sup> Recombinant adenoviruses were initially developed as vehicles for gene therapy. However, they are currently being used as vaccine vectors because of their attractive characteristics. The adenovirus genome can be rendered replication-defective by deleting certain regions, and it can induce transgene-specific immune responses. Additionally, because of its relative thermostability, it is easier to store and transport ChAdOx1 nCoV-19 vaccines than mRNA vaccines.<sup>12,13</sup> However, preexisting immunity due to natural infections of adenovirus may reduce the immunogenicity of vector vaccines.<sup>12</sup> Therefore, adenoviruses isolated from chimpanzees, not human adenoviruses, are being used as vaccine carriers.<sup>13</sup> Previously, replication-defective chimpanzee adenovirus vectors have been used as novel vaccines, such as Ebola vaccines.<sup>14,15</sup> The Ad26.COVS vaccine (Bridgewater Township, NJ, USA) and the Gam-COVID-Vac (Sputnik V; Gamaleya Research Institute, Moscow, Russia) are also recombinant, replication-defective adenovirus vector vaccines that contain the SARS-CoV-2 spike protein.<sup>16,17</sup>

The CoronaVac (Sinovac Biotech, Beijing, China) and Sino-pharm COVID-19 vaccines have the inactivated form of SARS-CoV-2.<sup>18,19</sup> Inactivated virus vaccines have been widely used for vaccine development, including polio, hepatitis A, and influenza

vaccines.<sup>20-22</sup> In an inactivated virus vaccine, the pathogen is killed or modified so that it cannot cause the disease. CoronaVac is a vaccine that inactivates SARS-CoV-2 by injecting beta-propiolactone after harvesting the virus using African green monkey kidney cells (Vero cells).<sup>18</sup> The inactivated form of SARS-CoV-2 can no longer replicate, but the spike protein remains intact and can induce immunogenicity.

## REPORTED EFFICACY OF COVID-19 VACCINES

Both humoral and cellular immune responses are critical in verifying the immunity induced by vaccines.<sup>5</sup> Several previous studies demonstrated the efficacy of BNT162b2 and ChAdOx1 nCoV-19 vaccines in inducing both responses. Sahin et al.,<sup>23</sup> in one of the studies, demonstrated that two doses of BNT162b2 elicited high SARS-CoV-2 neutralizing antibody titers. Additionally, robust receptor-binding domain-specific CD4+ and T helper type 1 CD4+ T cell responses were elicited by two doses of BNT162b2, and interferon- $\gamma$  was produced by a large fraction of cells. A previous study demonstrated that BNT162b2 vaccination was 95% effective in preventing the occurrence of COVID-19.<sup>7</sup>

Vaccination with ChAdOx1 nCoV-19 showed anti-spike protein antibody responses and the induction of antigen-specific T cells against the SARS-CoV-2 spike protein.<sup>24,25</sup> According to Voysey et al.,<sup>11</sup> the overall efficacy of ChAdOx1 nCoV-19 was 70.4%. Interestingly, the efficacy was higher in participants who received a low dose followed by a standard dose (90.0%) than in those who received two standard doses (62.1%).

## ADVERSE REACTIONS AFTER VACCINATION

Several adverse reactions due to vaccination have been reported, including hypersensitivity responses and excessive cytokine release.<sup>26</sup> Hypersensitivity is classified into four types according to the mechanism triggered by vaccines. Both the active component (antigen) and the other components of the vaccine can cause hypersensitivity.<sup>27</sup> Anaphylaxis is an acute onset systemic reaction that requires urgent management, and it is considered the most serious hypersensitivity reaction. The incidence rate of anaphylaxis after vaccination is estimated to be approximately 1.31 per million vaccine doses.<sup>27</sup> Proinflammatory cytokines such as interleukin 1, interleukin 6, and tumor necrosis factor  $\alpha$  are released in response to vaccination.<sup>26</sup> These cytokines can cause pain at the local site by inducing inflammation.<sup>28</sup> Additionally, they may cause systemic symptoms such as headache, fatigue, malaise, nausea, and fever.<sup>28,29</sup> Unfortunately, these systemic symptoms are similar

to the symptoms of infectious diseases including COVID-19.<sup>7</sup> Safety reports of COVID-19 vaccines demonstrated in previous studies are summarized in Table 1.<sup>7,10,11,30-33</sup>

### Reported safety of BNT162b2 and the associated adverse reactions after vaccination

A previous study analyzed the data of local and systemic reactions by assessing electronic diaries from 8,183 participants among BNT162b2 recipients.<sup>7</sup> The participants were divided into two groups according to age (16–55 years of age as younger recipients and > 55 years of age as older recipients), and the degree of local and systemic reactions was categorized into four grades as shown in Tables 2 and 3, respectively. Both local and systemic reactions were more commonly reported in younger recipients. Mild to moderate pain at the injection site was the most commonly reported local reaction among BNT162b2 recipients, with less than 1% of participants reporting severe pain. Local reactions resolved within 1–2 days in most cases, and they did not increase after the second dose when compared to that after the first dose. However, a higher proportion of participants had systemic reac-

tions after the second dose than after the first dose. Regardless of the age group, the most commonly reported systemic reaction was fatigue. After the second dose, fatigue was reported in 59% of participants among younger recipients and 51% among older recipients. Fever (body temperature  $\geq 38^{\circ}\text{C}$ ) was reported to occur after the second dose in 16% and 11% of younger recipients and older recipients, respectively. Although four serious adverse events were reported, namely, shoulder injury related to vaccine administration, right axillary lymphadenopathy, paroxysmal ventricular arrhythmia, and right leg paresthesia, the incidence was similar to that of the placebo group (0.6% and 0.5%, respective-

**Table 2.** Grade of solicited local adverse reactions

Grade	Pain at the injection site	Redness and swelling
Mild	Does not interfere with activity	2.0–5.0 cm in diameter
Moderate	Interferes with activity	5.0–10.0 cm in diameter
Severe	Prevents daily activity	> 10.0 cm in diameter
Grade 4	Emergency department visit or hospitalization	Necrosis or exfoliative dermatitis for redness and necrosis for swelling

**Table 1.** Safety of the COVID-19 vaccines reported in previous studies

Reference	Design	Vaccine	Safety outcome	Findings
Polack et al. (2020) <sup>7</sup>	RCT	BNT162b2	Local and systemic reactions, serious adverse events	Mild to moderate pain at the injection site (66%–83%), fatigue (51%–59%), and headache (39%–52%). Incidence of serious adverse events was similar between the vaccine and placebo groups, no vaccine related deaths were reported.
Walsh et al. (2020) <sup>30</sup>	RCT	BNT162b2	Local and systemic reactions	Mild to moderate pain at the injection site (67%–92%), fatigue (25%–75%). Grade 4 events (all events indicated an emergency department visit or hospitalization) were not reported for both local and systemic reactions.
Shimabukuro et al. (2021) <sup>31</sup>	Review	BNT162b2 mRNA-1273	Anaphylaxis	Incidence of anaphylaxis was 4.7 cases/million doses for BNT162b2, and 2.5 cases/million doses for mRNA-1273. No deaths from anaphylaxis after vaccination were reported.
Folegatti et al. (2020) <sup>33</sup>	RCT	ChAdOx nCoV-19	Local and systemic reactions, serious adverse events	Tenderness and pain were the most commonly reported local reactions (83% and 67%), and fatigue and headache were the most commonly reported systemic reactions (70% and 68%). There were no serious adverse events related to ChAdOx nCoV-19.
Ramasamy et al. (2020) <sup>10</sup>	RCT	ChAdOx nCoV-19	Local and systemic reactions, serious adverse events	Local adverse reactions were reported in 61%–88%, and systemic adverse reactions were reported in 65%–86% of participants receiving two standard doses of ChAdOx nCoV-19. No serious adverse events were considered to be related to the study vaccine.
Voysey et al. (2021) <sup>11</sup>	RCT	ChAdOx nCoV-19	Serious adverse events	Eighty-four serious adverse events were reported in the ChAdOx nCoV-19 recipients, but the incidence rate was similar to the control group (0.7% and 0.8%, respectively).
Tobaiqy et al. (2021) <sup>32</sup>	Review	ChAdOx nCoV-19	Thrombotic adverse reactions	Twenty-eight events were associated with thrombotic adverse reactions among the 54,571 adverse reaction reports, but no clear causal effect of the vaccine was determined.

RCT, randomized controlled trial.

**Table 3.** Grade of solicited systemic adverse reactions

Grade	Fever	Vomiting	Diarrhea	Other reactions <sup>a)</sup>
Mild	38.0°C–38.4°C	1–2 times in 24 hours	2–3 loose stools in 24 hours	Does not interfere with activity
Moderate	38.4°C–38.9°C	> 2 times in 24 hours	4–5 loose stools in 24 hours	Some interference with activity
Severe	38.9°C–40.0°C	Requires intravenous hydration	$\geq 6$ loose stools in 24 hours	Prevents daily activity
Grade 4	All events indicated an emergency department visit or hospitalization			

<sup>a)</sup>Fatigue, headache, chills, new or worsened muscle pain, new or worsened joint pain.

ly). Two BNT162b2 recipients (total 18,860) and four placebo recipients (total 18,846) died, but none of the deaths were related to vaccine or placebo administration.

Another study on BNT162b2 demonstrated similar results on safety. In the study of Walsh et al.,<sup>30</sup> pain at the injection site was the most commonly reported local reaction, and redness and swelling were less common. Most of the local reactions were mild to moderate grade, and none of the participants reported grade 4 local reactions. Systemic reactions to BNT162b2 included fever, fatigue, headache, chills, vomiting, diarrhea, muscle pain, and joint pain; a higher proportion of participants had systemic reactions after the second dose, except vomiting and diarrhea. The most commonly reported systemic event was fatigue, which was reported in 75% of participants aged 18 to 55 years and 41.7% of participants aged 65 to 85 years. Similar to local reactions, most systemic reactions were mild to moderate grade, and grade 4 local reactions were not reported.<sup>30</sup>

After the administration of 9,943,247 doses of BNT162b2, a total of 47 case reports met the Brighton Collaboration case definition criteria for anaphylaxis, and the cases were identified as anaphylaxis.<sup>31</sup> Among the total patients, 36 (77%) had a documented history of allergies and 16 (34%) had a history of anaphylaxis. Of the 7,581,429 recipients of mRNA-1273 vaccines, 19 case reports had reported anaphylaxis.<sup>31</sup> Sixteen (84%) patients had a documented history of allergies, and five (26%) of them had a history of anaphylaxis. Among the 66 patients with anaphylaxis, 32 (48%) were hospitalized, including seven who required endotracheal intubation, and 34 (52%) were treated in the emergency department (ED). The incidence rates of anaphylaxis after vaccination with mRNA vaccines are 4.7 cases/million doses and 2.5 cases/million doses for BNT162b2 and mRNA-1273 vaccines, respectively.<sup>31</sup> No deaths due to anaphylaxis were reported. Additionally, another study have reported the occurrence of adverse events affecting the orofacial region including facial palsy, facial swelling, and swollen lip in BNT162b2 and mRNA-1273 recipients.<sup>34</sup> However, this study have not determined whether they were vaccine-related adverse effects because there is an inconsistency in the results between Europe and North America.<sup>34</sup>

### Reported safety of ChAdOx1 nCoV-19 vaccines and the associated adverse reactions after vaccination

The most frequently reported local adverse reaction due to vaccination with the ChAdOx1 nCoV-19 vaccine was injection site tenderness, followed by injection site pain.<sup>10</sup> Most of these reactions occurred within the first two days after vaccination and decreased thereafter. Other local symptoms including induration, itching, redness, swelling, and warmth were observed in very

small proportions compared to tenderness and pain. The most frequently reported systemic adverse reaction was fatigue, followed by headache, myalgia, and malaise. Systemic reactions such as chills, fever (body temperature  $\geq 38^{\circ}\text{C}$ ), joint pain, and nausea were reported in a relatively small proportion. Both local and systemic reactions have been reported more commonly in the younger age (18 to 55 years) group, and the majority of adverse reactions were mild to moderate in terms of severity. Interestingly, unlike the mRNA vaccine, the presence of systemic adverse reactions after the second dose did not occur at a higher proportion than that after the first dose.<sup>10,11,32</sup>

Another study reported the prophylactic effect of paracetamol on adverse reactions.<sup>33</sup> Although solicited local and systemic adverse reactions were more common in the ChAdOx1 nCoV-19 group than in the control group, prophylactic paracetamol reduced the frequency of adverse reactions, including pain, fever, chills, headache, and malaise. The most common local adverse reaction was tenderness (77% and 83% in the paracetamol group and the no paracetamol group, respectively), followed by pain (50% and 67% in the paracetamol group and the no paracetamol group, respectively). Fatigue and headache were the most commonly reported systemic adverse reactions. Fatigue was reported by 340 (70%) participants in the no paracetamol group and by 40 (71%) participants in the paracetamol group, whereas headaches were reported by 331 (68%) participants in the no paracetamol group and 34 (61%) in the paracetamol group. Fever (body temperature  $\geq 38^{\circ}\text{C}$ ) was reported by 87 (18%) and nine (16%) participants in the no paracetamol group and the paracetamol group, respectively. The severity and intensity of local and systemic adverse reactions were highest on day 1 after vaccination. However, no patients were hospitalized due to local and systemic adverse reactions.

In one previous study, 84 serious adverse events were reported in 79 of 5,807 participants who were vaccinated with ChAdOx1 nCoV-19.<sup>11</sup> However, the incidence of these events was similar to that of the control group (0.7% and 0.8%, respectively). Moreover, these adverse events occurred in different systems, including the cardiovascular, nervous, and gastrointestinal systems, as well as infections, and the authors did not demonstrate a consistent pattern clarifying the relationship with the vaccine. Three cases of transverse myelitis were reported as suspected serious adverse reactions due to ChAdOx1 nCoV-19 vaccines, but two of them were determined to be unlikely to be related to vaccination. One case of transverse myelitis was considered to be possibly related to vaccination.

From March 11, 2021, several European countries (including Denmark, France, Italy, Latvia, Norway, Spain, Sweden, and The

Netherlands) temporarily suspended the use of the ChAdOx nCoV-19 as a precautionary move after obtaining reports of blood clots and death.<sup>35</sup> In a previous study conducted using the EudraVigilance database from February 17, to March 12, 2021, a total of 54,571 adverse reactions were reported, and 28 cases were identified as thromboembolic events.<sup>32</sup> Among the total patients, 19 were female, and two female patients and one male patient died. Most of the thromboembolic events reported were deep vein thrombosis and pulmonary thromboembolism, while there were two cases of pelvic vein thrombosis and one case each of cerebral venous sinus thrombosis, carotid artery thrombosis, and thrombophlebitis. However, to verify the relationship between the occurrence of adverse reactions and vaccine administration, further studies that include the natural incidence of thromboembolic events and patients' characteristics including risk factors are needed. It is not yet possible to conclude that these thromboembolic events are related to vaccine administration. As a result, the European Medicines Agency and the World Health Organization have stated that there is no indication that vaccination is linked to thromboembolic events.<sup>32,35</sup>

## SUMMARY AND SUGGESTIONS

COVID-19 vaccination is a key issue and challenge in global health. The reported efficacy of various COVID-19 vaccines is excellent regardless of the type of vaccine, and the majority of studies have shown similar results for safety. Most of the local and systemic adverse reactions after vaccination have been of mild or moderate grade, and severe reactions have been reported in a very small proportion of patients. In general, these adverse reactions tended to be more common and more severe in younger age groups than in older age groups. In the study of BNT162b2 vaccines, more systemic reactions were reported after the second dose than after the first dose. The most common local adverse reaction was tenderness and pain at the injection site, and most patients improved within a few days. As a systemic adverse reaction, fatigue was most commonly reported, with headache and myalgia also commonly reported. Although fever (body temperature  $\geq 38^{\circ}\text{C}$ ) was reported in approximately 10% to 20%, most of the systemic adverse reactions resolved within a few days. In addition, except for cases of hospitalization due to anaphylaxis, no patients required hospitalization due to adverse reactions with a proven relationship to vaccine administration.

Since the emergence of the COVID-19 pandemic, there have been many changes in medical institutions including the ED.<sup>36</sup> In particular, all types of medical personnel are making intense efforts to prevent the spread of COVID-19 in medical institutions.

In the ED, patients with suspected COVID-19 are isolated, and medical personnel are required to wear personal protective equipment (PPE) when being in close contact with the patient.<sup>37,38</sup> The need for patient isolation and the additional amount of time required to wear PPE have caused many difficulties not only for medical personnel but also for patients.<sup>38,39</sup> Moreover, the inadequate bed capacity for isolation has also been an important issue, which increases the burden on the emergency medical system.<sup>40</sup> As mentioned earlier, the systemic adverse reactions that occur after COVID-19 vaccination are similar to those of infectious diseases including COVID-19. Therefore, with the current guidelines for determining the need for isolation based on symptoms, it is inevitable that patients who visit the ED with complaints of a systemic adverse reaction will also be isolated. Although there is no risk of transmission among these patients and they do not require special measures such as isolation and wearing PPE, it cannot be easily determined that it is a systemic reaction caused only by vaccination. In particular, the Republic of Korea experienced the spread of Middle East respiratory syndrome in medical institutions in 2015, and the EDs were considered a high-risk place for disease transmission.<sup>41</sup> Based on these past experiences and the nature of EDs visited by various people, all types of emergency medical personnel are bound to be more sensitive to the prevention of disease transmission. In the near future, nationwide vaccinations will be carried out to the general population. If more patients visit the ED with complaints of adverse reactions, then the aforementioned problems, including patient isolation and treatment time will increase. Moreover, these reactions may contribute to ED crowding, which is known to have a negative impact on patients, such as a high mortality rate.<sup>42,43</sup> This can further lead to significant obstacles to providing necessary treatment for patient with life-threatening conditions.

It is difficult to manage these patients because urgent treatment may be required, such as for anaphylaxis, or symptoms may be caused by other diseases not related to the vaccine administration. However, it is clear that the number of patients with adverse reactions will increase after nationwide vaccination. Therefore, we would like to make some suggestions for the prevention of predictable problems such as increasing treatment time and ED crowding. First, it will be necessary to increase isolation bed capacity. Given that adverse reactions will occur after nationwide vaccination, each medical institution and ED will require more isolation beds than that available currently. If there are inadequate isolation beds, then the patient's treatment may be delayed, which will lead to ED crowding and may negatively affect patient outcomes. Second, a dedicated treatment center for adverse reactions due to vaccine administration that is open 24/7 is

required. This can help prevent ED crowding and aid clinicians in systematically managing adverse reactions due to vaccine administration. Third, it is possible to consider home observation for a few days or outpatient treatment rather than visiting the ED for most of the adverse reactions after vaccination. According to previous studies on COVID-19 vaccination, most of the local and systemic reactions after vaccination were mild to moderate in severity and improved within a few days. In addition, the use of prophylactic paracetamol may help relieve symptoms.<sup>33</sup> Therefore, we can consider prescribing an analgesic such as paracetamol to relieve or prevent adverse reactions.

In health care, proper operation is as crucial as knowledge and technology. Therefore, with advances in knowledge and technology, the operation of the health care system must also develop. As there are many studies on the impact of COVID-19 on the social, economic, and public health, studies on vaccination adverse effects, and the resulting changes in health care will also be needed. These studies will provide a blueprint for the proper operation of the ED and medical institutions when new infectious disease outbreaks occur.

## CONFLICT OF INTEREST

No potential conflict of interest relevant to this article was reported.

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